

A photograph of a man and a woman embracing in a field. The man is in the foreground, looking towards the camera with a slight smile. The woman is behind him, her face partially visible as she leans into him. The background is a soft-focus green field under a bright sky.

# 8 Things To Do Before You Consider Divorce

## Beautiful Marriages

### 1. Find A Christian Counselor

Find a Christian counselor and follow their instructions. When you choose a counselor, commit to completing 3 sessions, even if things seem better at the moment.

*Need help finding a good counselor?*

*We can help here: [Click here to find a counselor](#)*

### 2. Pray For God's Healing

Pray for God's healing in your marriage and for your spouse every day.

Ask God to intervene in your relationship and bring reconciliation and healing.

Even if your spouse does not or will not pray with you, you can still pray.

*Want someone to pray with you for your marriage?*

*We can help here: [hello@beautifulmarriages.org](mailto:hello@beautifulmarriages.org)*

### 3. Call A Truce

Call a truce. Stop trying to solve things that you haven't been able to solve before. Save those for counseling. Be willing to put a stop to fighting over the same things and extend grace to each other.

*Want an example of a truce? We can help here:*

*Ceasefire agreement - can be verbal or written.*

*"I commit to this ceasefire for \_\_\_\_\_ (period of time). I am going to cease and desist from these kinds of behaviors. And, as much as I can during this period of time, I am going to work with a counselor and believe God for a resolution of the problems we are facing."*

### 4. Forgive Your Spouse

Forgive your spouse and ask them to forgive you. And remember that forgiveness is a journey. That doesn't mean you have no issues to work through, but that you're willing to move past them to start fresh.

### 5. Remove Divorce From Your Vocabulary

Remove divorce from your vocabulary and commit to not talking about it or bringing it up while you are trying to work things out. If you are considering divorce, you can't fully commit to trying everything you can to make things work.

## 6. Sign up for Re|Engage

Sign up for re|engage. Whether your marriage needs to be reignited or completely resurrected, re|engage is a safe place for you and your spouse to reconnect.

*Learn more and sign up for re|engage here: [beautifulmarriages.org/re-engage](https://beautifulmarriages.org/re-engage)*

## 7. Remove Any Distractions In Your Life

Remove any distractions in your life that take away from your marriage.

Years from now, these things won't matter and your marriage will.

Enable your focus to be on restoring your relationship.

## 8. Have A Date Night

Have a date night.

Rekindle the fun you used to have in your relationship by spending some intentional time together.

*Want some great date night ideas?*

*We can help here: [beautifulmarriages.org/datenights](https://beautifulmarriages.org/datenights)*